

Kamp og treningsplan Remyra kunstgress

| UKE | Tidspunkt | Mandag | Tirsdag | Onsdag | Torsdag | Fredag | Lørdag | Søndag |
|-----------|-------------|-----------------|-------------------------|------------------|----------------------|-------------------------|-------------------------|--------------------------|
| 14 | | 05.04.2021 | 06.04.2021 | 07.04.2021 | 08.04.2021 | 09.04.2021 | 10.04.2021 | 11.04.2021 |
| | 1600-1630 | | | | | | J12 3) | 2) |
| | 1630-1700 | | | | | | J12 | |
| | 1700-1730 | 2013 | | | J10 G14 | G14 | J12 | G10 |
| | 1730-1800 | 2013 | | | J10 G14 | G14 | | G10 J10 |
| | 1800-1830 | | | | J10 G14 | G14 | | G10 J10 |
| | 1830-1900 | G11 G14 | G13 J14+J15 | G13 G12 J12 G11 | J10 G10 | Treningskamp G13 (1830) | | G10 J10 |
| | 1900-1930 | G11 G14 | G13 J14+J15 | G13 G12 J12 G11 | G10 G10 | | | |
| 1930-2000 | G11 G14 | G13 J14+J15 | G13 G12 J12 G11 | G10 G10 | | | | |
| 2000-2030 | | | | J17 | J14+J15 J17 | | | |
| 2030-2100 | | | | J17 | J14+J15 J17 | | | |
| 2100-2130 | | | | J17 | J14+J15 J17 | | | |
| 2130-2200 | | | | | | | | |
| 15 | | 12.04.2021 | 13.04.2021 | 14.04.2021 | 15.04.2021 | 16.04.2021 | 17.04.2021 | 18.04.2021 |
| | 1600-1630 | | | | | | | |
| | 1630-1700 | | | | | | | |
| | 1700-1730 | 2013 | 2012 | | J10 G14 | | | G10 |
| | 1730-1800 | 2013 | G12 2012 | G12 | J10 G14 | | | G10 J10 |
| | 1800-1830 | | G12 2012 | G12 | J10 G14 | | | G10 J10 |
| | 1830-1900 | G11 G14 | G13 G12 J13 J14+J15 | G13 G12 J12 G11 | J10 J13 | Treningskamp G13 (1830) | | J12 J10 |
| | 1900-1930 | G11 G14 | G13 J13 J14+J15 | G13 J12 G11 | G10 J13 | | | J12 J17 |
| 1930-2000 | G11 G14 | G13 J13 J14+J15 | G13 J12 G11 | G10 J13 | | | J12 J17 | |
| 2000-2030 | | | | J17 | | | | J17 |
| 2030-2100 | | | | J17 | Treningskamp J15-J17 | | | |
| 2100-2130 | | | | J17 | | | | |
| 2130-2200 | | | | | | | | |
| 16 | | 19.04.2021 | 20.04.2021 | 21.04.2021 | 22.04.2021 | 23.04.2021 | 24.04.2021 | 25.04.2021 |
| | 1600-1630 | | | | | | | |
| | 1630-1700 | | | | | | | |
| | 1700-1730 | 2013 | G12 2012 | G12 2014 | J10 J11 G14 | | G14 | G10 |
| | 1730-1800 | 2013 | G12 2012 | G12 2014 | J10 J11 G14 | | G14 | G10 J10 |
| | 1800-1830 | | G12 2012 | G12 | J10 J11 G14 | | G14 | G10 G12 J10 |
| | 1830-1900 | G11 G14 | Treningskamp G13 (1830) | J13 J14+J15 | G13 J12 G11 | J10 G13 | Treningskamp J13 (1830) | J12 G12 J10 |
| | 1900-1930 | G11 G14 | J13 J14+J15 | G13 J12 G11 | G10 G13 | | | J12 G12 J17 |
| 1930-2000 | G11 G14 | J13 J14+J15 | G13 J12 G11 | G10 G13 | | | J12 J17 | |
| 2000-2030 | | | J17 | Herrer | J14+J15 J17 | | | J17 |
| 2030-2100 | | | J17 | Herrer | J14+J15 J17 | | | |
| 2100-2130 | | | J17 | Herrer | J14+J15 J17 | | | |
| 2130-2200 | | | | | | | | |
| 17 | | 26.04.2021 | 27.04.2021 | 28.04.2021 | 29.04.2021 | 30.04.2021 | 01.05.2021 | 02.05.2021 |
| | 1600-1630 | | | | | | | |
| | 1630-1700 | | | | | | | |
| | 1700-1730 | 2013 | G12 2012 | Treningskamp G12 | J10 G14 2014 | | G14 | G10 |
| | 1730-1800 | 2013 | G12 2012 | | J10 G14 2014 | | G14 | G10 J10 |
| | 1800-1830 | | G12 2012 | | J10 G14 | | G14 | G10 G12 J10 |
| | 1830-1900 | G11 J11 G14 | G13 J13 J14+J15 | G13 J12 G11 | J10 G14 | | G10 | Treningskamp J12 G12 J10 |
| | 1900-1930 | G11 J11 G14 | G13 J13 J14+J15 | G13 J12 G11 | Treningskamp G13 | | G10 | G12 J17 |
| 1930-2000 | G11 J11 G14 | G13 J13 J14+J15 | G13 J12 G11 | | | G10 | J17 | |
| 2000-2030 | | Herrer | J17 | Herrer | J14+J15 J17 | | | J17 |
| 2030-2100 | | Herrer | J17 | Herrer | J14+J15 J17 | | | |
| 2100-2130 | | Herrer | J17 | Herrer | J14+J15 J17 | | | |
| 2130-2200 | | | | | | | | |

Oppdatert: 25.04.2021, Ulf Kristian Aaring

| | | | |
|----|----|----|----|
| A1 | A2 | B1 | B2 |
|----|----|----|----|

| | |
|----|----|
| A2 | B2 |
| A1 | B1 |

Tribune Tribune

- 1) Når det er trening er det kun tillatt med uorganisert aktivitet hvis de som trener aksepterer det.
- 2) Treningskamp J12 kl 14-1530 (halv bane)
- 3) Trening J12 kl 1030-1200
- 4)

Grå = kamp
 Gul = utleie
 Oransje = trening